



Pathways

Sauk Trails Optimist Club
Madison, Wisconsin



**Weekly Lunch Meetings
Wednesday's 11:45 - 12:45
The Radisson on Grand Canyon Drive**

March 2015

Greetings Optimists!

I am sure everyone is looking forward to spring. Hopefully that is what March will have in store for us. Thank you to all of you for all your work in making the Sauk Trails Optimist Club a wonderful club to be a part of. I thoroughly enjoy working with all of you and am excited for some events coming up in the next couple months.

February always seems to go by quickly. We had the annual essay contest with a few contestants this year. The contestants will be asked to come speak for the club and we want to express a thank you to our judges for helping out with this contest. A big thank you goes out to Mike Grasmick for assisting and coordinating the essay contest. He does a great job!

Another big event that occurred during February was the Progressive Dinner. I hope that everyone had a wonderful time at the Progressive Dinner. The hosts this year were the Bergs for appetizers, Wortingers for dinner, and the Conne residence for dessert. A big thank you to Mary Schwartz, who organized the Progressive Dinner this year. It was a lot of fun again this year.

We had some great speakers this past month and look forward for some more to come. We have some continued discussion about getting involved with Meals on Wheels evening program to deliver meals once a week to those who are homebound. This will be a great opportunity for us to help others.

Hope everyone has a great month of March. Stop by at the weekly meetings to see what else is going on with the Sauk Trails Optimists.

Optimistically,
Dan Bergs
Club President
Dan.bergs@wegnercpas.com



STOC Bulletin Board

Sauk Trails Club Officers 2014-2015

President: Dan Bergs

Vice President: Kathy Johnson

Secretary: Rick Thomas

Treasurer: Bob Wortinger

Past President: Bonnie Spindler

Board of Directors

Rick Conne
 Todd Geltemeyer
 Mike Grasmick
 Pete Graven
 Nancy Hach
 Diane Hoebel
 Rebecca Turner

March Birthdays



Jason Kadow	2
Todd Geltemeyer	9
Diane Hoebel	10
Brinda Mecham	10
Gene Spindler	31



Be JOOI-ful and watch for an update on the Spartan Youth Service JOOI Team in next month's newsletter.

From the Progressive Dinner...

Simply Sour Cream Chicken Enchiladas

Prep time: 25 minutes Total time: 45 minutes Servings: 8

Ingredients:

- 1 pound chicken breast, diced
- 1 medium onion, chopped
- 1 tablespoon vegetable oil
- 8 (8 inch) flour tortillas, softened
- 1 ½ cups grated monterey jack cheese, divided
(can substitute Mexican cheese blend)
- ¼ cup butter
- ¼ cup flour
- 1 (15 ounce) can chicken broth
- 1 cup sour cream
- 1 (4 ounce) can chopped green chilies

Directions:

1. In frypan, cook chicken and onion together in oil over medium-high heat until chicken is just done.
2. Divide cooked chicken evenly between 8 tortillas; add 1 ½ tablespoons cheese to each tortilla.
3. Roll enchiladas and place seam side down in 9 X 13" baking dish that has been lightly sprayed with no-stick cooking spray.
4. Melt butter in a medium saucepan; stir in flour to make a roux; stir and cook until bubbly; gradually whisk in chicken broth, bringing to a boil, stirring frequently.
5. Remove from heat; stir in sour cream and green chilies; pour sauce evenly over enchiladas.
6. Top with remaining cheese (baking dish may be double-wrapped and frozen at this point) and bake at 400F for 20 minutes until cheese is melted and sauce near edges of baking dish is bubbly.

Special Olympics Track Meet

Saturday, May 2

More Details Next Month

The winner of the "Guess the Oscar Winners" contest at the Progressive Dinner was John Schwartz. He correctly picked the winner in all 8 categories. The prize was a \$25 giftcard to Marcus Cinemas.

SWIS District Conferences

SWIS 3rd Quarter Conference:

April 25th, 2015 in Wis. Dells Area

SWIS 4th Quarter Conference:

August 2015 (TBD)

97th Optimist International Convention:

July 9-11, 2015, New Orleans, LA

Newsletter Editor:

Mary Schwartz
 schwrtzmry@aol.com

Sauk Trails Optimists Club Meetings and Other Scheduled Events

March 4 – Rick Hertz, presentation on the DISC Model

March 11 – Julie McCarthy, Emotional Intelligence

March 18 – Student of the Month

March 24 – Board Meeting 5:00 p.m. at Wegner CPA's - All are welcome.

March 25 – Eric Salzwedel, REACH-A-Child

Oscar Fun at the Progressive Dinner!



The paparazzi was out in full force on Oscar night! Good friends and good food beat out glitz and glam. Thanks to our hosts: Dan & Katie, Bob & Karen, and Rick & Judy!



More pictures on page 5



SAUK TRAILS OPTIMIST CLUB BOARD OF DIRECTORS MEETING
Tuesday, January 27, 2015
MINUTES

PRESENT: Dan, Diane, Rick T., Nancy, Rick C., Kathy
 Absent: Pete, Rebecca, Todd, Bonnie, Mike, Todd, Bob

1. **The meeting was called to order at 5:07 p.m.**
2. **Approval of Board Minutes from 12/16/2014:** Rick C. moves to approve, Diane seconded, passed unanimously
3. **Acceptance of December Financial Reports:**
 - a. Dan presented the November Financial Report for Bob. Bob is out of town so checks are not cashed. Bills from Lussier Christmas party have been paid. They totaled \$1819. Rick presented a breakdown of the party expenses and income. \$1081 leftover after expenses. Rick C. moves to accept the financial report, Nancy seconds, Passed unanimously.
4. **Membership Report Update:** 47 members and 0 FOO's as of 01/27/2014, 1 more will be added this coming month
5. **Old Business:**
 - a. Rosewood take down went well. 3 people helped but it was enough.
 - b. Christmas Party report will be given at Wednesday meeting
 - c. Bucky Books netted around \$1500 and we signed up to do it again next year.
6. **New Business:**
 - a. Progressive dinner on Feb. 22, Dan, Bob and Rick will host
 - b. Essay contest is being headed up by Mike and were due last week
 - c. SWIS conference was on Jan. 17th at Marriott West. Kathy was impressed with the conference. It was worth attending.
 - d. Meals on Wheels was discussed, not sure if one or two night commitment would be desired
 - e. Reach a Child is Thursday, Jan. 28th, 6 people are signed up
 - f. Rick C. moved that we do Special Olympics which is on May 9th this year. Kathy seconded. Passed unanimously.
7. **Adjourn:** Kathy motions, Rick C. seconded. *Next meeting, Tues. February 17th 5:00 p.m., Wegner CPA's.*

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SAUK TRAILS OPTIMIST CLUB BOARD OF DIRECTORS MEETING
Tuesday, February 24, 2015
MINUTES

PRESENT: Dan, Rick T., Nancy, Rick C., Pete, Bonnie, Bob, Mike
 Absent: Rebecca, Todd, Todd, Kathy, Diane

1. **The meeting was called to order at 5:07 p.m.**
2. **Approval of Board Minutes from 1/27/2015:** Rick C. moves to approve, Nancy seconded, passed unanimously
3. **Acceptance of January Financial Reports:** Bob presented the Financial Report. Several outstanding accounts receivable that need to be pursued. Speakers will have a choice of a plaque or clipboard. \$1278 profit, but several upcoming expenses in Sept. will decrease that number. Bonnie moves to accept the financial report, Mike seconds, Passed unanimously.
4. **Membership Report Update:** 47 members and 0 FOO's as of 01/27/2014, Several members may be dropped if they do not pay.
5. **Old Business:**
 - a. Progressive dinner went well. Thank you to all of the hosts. 23 people attended.
 - b. Reach a Child event went well. 5 adults and 18 JOOI students attended. A more specific schedule would be nice to help with getting volunteers.
 - c. Madison Police Dept. gift for Reach a Child books was well received.
 - d. Christmas party update. Walmart has a large toy donation that Rick will find a place to store. Approximately 40 gifts are coming from Walmart. Rick is starting on getting donations for next year.
 - e. Nancy presented information regarding the Madison Marathon fundraiser. We need to commit to shifts now.
 - f. Community change was discussed
6. **New Business.**
 - a. Essay contest is being headed up by Mike. Only 3 essays were turned in. We will invite the entrants and the judges to a luncheon in April.
 - b. The possibility of a social at Twist was discussed for April 22nd
 - c. We will be doing two scholarships this year
 - d. Special Olympics is on May 2nd this year. Same day as the SWIS Conference
 - e. Meals on Wheels was discussed. We need to decide on a day of the week to do it.
7. **Adjourn:** next meeting will be March 24th at 5:00 pm. at Wegner CPA's. Bob motions to adjourn, Pete seconded

February in Photos
By Steve Bailey



Steve Bailey invited Rick Hertz to explain the DISC model and how you can use it to improve interaction with others. Rick is continuing his presentation on March 4.



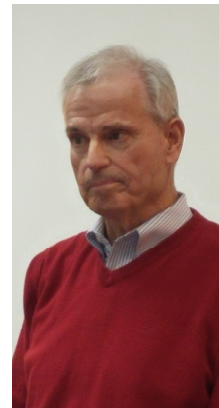
Dave Ross from the Dept. of Safety and Professional Services spoke on Feb. 4th.



Mary Schwartz showed how robots are changing the way chores are done on the farm. The result is happier cows!



Bonnie and Bob with their recognition awards received at the January SWIS District meeting.



Bill Schultz used his own life story to illustrate the power of giving encouragement to children. Very inspirational!



More Progressive Dinner Fun!

The Optimist Creed

Promise yourself...

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all you friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best and expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.