



Pathways

Sauk Trails Optimist Club
Madison, Wisconsin



Weekly Lunch Meetings
Wednesday's 11:45 - 12:45
The Radisson on Grand Canyon Drive

March 2018

PRESIDENTS NOTE

March, 2018 President's Note

Well, according to the weather man spring is here. It can't come soon enough for me! I hope he's right!

I want to thank the Speakers committee for the great speakers we've had this year. If you haven't made a meeting you've missed some good ones, including Neil Heinen from News 3, Glenn Mitroff, from WORT-FM with on air guitar player Chris Powers, plus some really sharp JOI Club Students of the Month!

In March we have our essay contest winners, A Bucky Book Exchange! Please try and attend for good programs and camaraderie with your fellow Optimist. We'd love to see you.

By the way, John Fons, Mary Schwartz, Carole Klopp comprise the Speakers Committee. Thanks again!

A couple other items coming up are the Special Olympics Track Meet in Oregon on May 5th. It's always a lot fun. Mark it on your calendar. Along with Brat Fest, May 2th, Madison Marathon that same weekend, CSC Opportunities at the Kohl Center and Camp Randall. Stay tuned for more info on these fund raising opportunities!

Finally, a special shout out to the Bob and Karen Wortinger, and Jacci and Ted See for hosting the Progressive Dinner. Your hospitality is greatly appreciated.

Thanks for all you do!

Optimistically Speaking,

Dan

STOC Bulletin Board

**Sauk Trails
Club Officers
2017-2018**

President: Dan Chart

Vice President: John Fons

Secretary: Rick Thomas

Treasurer: Bob Wortinger

Past President: Mike Grasmick

Board of Directors
 Steve Bailey
 Rick Conne
 Mary Schwartz
 Nancy Hach
 Kathy Johnson

March Birthdays

| | |
|-----------------|----|
| Mary Amundson | 4 |
| Todd Geltmeyer | 9 |
| Diana Hoebel | 10 |
| Brinda Thompson | 10 |
| Gene Spindler | 31 |



Newsletter Editor:
 Liv Sandberg
 jlivsandberg@gmail.com

SWIS Activities

3rd Quarter Conference
 May 4-5, 2018

Registration information:
www.swisdistrict.org

Kalahari in WI Dells

We will be honoring Oratorical
 and Essay District winners who
 will be presenting and receiving
 their various scholarships.

Calendar of Events

| Date | Speaker | Topic |
|-------------|----------------------------------|--|
| 3/7 | Students / Mike Grasmick | Essay Contest Winners |
| 3/13 | STOC Board Meeting (5:00 p.m.) | <i>Park Bank, 2275 Deming Way, Middleton All members are welcome to attend</i> |
| 3/14 | Social | Bucky Book Coupon Swap! |
| 3/21 | Students / Steve Bailey | Oratorical Contest |
| 3/28 | OPEN | |
| 3/29 | VOLUNTEER | At REACH-a-Child |
| 4/4 | Nancy Viste | The Preservation & Rebirth of The Old Feed Mill in Mazomanie |
| 4/10 | STOC Board Meeting (5:00 p.m.) | <i>Park Bank, 2275 Deming Way, Middleton All members are welcome to attend</i> |
| 4/11 | OPEN | |
| 4/18 | OPEN | |
| 4/25 | OPEN | |
| 4/26 | VOLUNTEER | <i>At REACH-a-Child</i> |
| 5/2 | Past President's Luncheon | |

*Please let us know if you have someone who would like to speak at a lunch meeting.
 Speaker Committee: Mary Schwartz, Carole Klopp, John Fons, & Steve Bailey*

SPECIAL NOTATIONS**BUCKY BOOK COUPON SWAP on March 14th**

Bring your Bucky Book to get rid of the coupons you will never use by trading them for those you want. Have you already used the coupon for your favorite restaurant? Someone probably has one still in their book, ready to make a trade. Don't golf, but you plan to take the kids to the Dells? Make a trade. Come and join the fun!!

Volunteering at REACH-a-Child:

There are volunteer days on the last Thursday of each month. Volunteer slots are from 4:00 – 6:00 or 6:00 – 8:00, or you can stay the whole time if you prefer. They are located at 6501 Watts Road, Suite 217, Madison. You can call their office at 608-285-5221 for more information.



SWIS CONFERENCE REPORT

Rob Bell: Teamwork Makes the Dream Work and How to WOW Potential Members. (Guest speaker at Feb 10th SWIS Conference).

As a Personnel Development & Education and Training Director, Rob had over 25 years' experience in leadership roles, customer service, and training. He has brought his high power message to companies' world-wide and is 'fired up' with the techniques to meet and exceed goals and expectations.

*Sharing that 'Most effective Teams are emotionally connected' and 'We all lead by Example'. Great Teams have: Vision; Passion; Communication and Consistency. Team members: Do What You Say You Will Do. In making decisions, suggestions are to: Simplify, Clarify and Let em Fly. Factors that matter most to Team Members: Appreciation; Feeling of being in on things, Sympathetic help with personal issues. The Optimists present participated in many short sharing questions to support some of the building relationship suggestions. Seek first to understand through: Empathy and Attentiveness when listening. Avoid selective, pretend, and ignoring listening in developing relationships. He ended with 'Where attention goes – Energy Flows'.. Rob Bell's Website is at: www.robspeaks.com .
Submitted by Bonnie Spindler*

SAUK TRAILS – Madison Club WEBSITE

www.sauktrailsmadisonoptimist.org

Current and previous STOC Newsletters are available as PDF's on the www.sauktrailsmadisonoptimist.org website.

To acquire the newsletter, CLICK on the 'PDF Download' of CHOICE.

Call for website sponsors.

If you are interested in being a sponsor of the STOC Website for the 2017-18 year, and have your business/name in the rotation on our website, please contact Bonnie Spindler. See contact info below.

If you have any problems acquiring the Newsletter or are NOT receiving the monthly message, please contact me so we can correct that situation. Optimistically, **Bonnie Spindler** blspindler@charter.net 850-9561 (H)

Sauk Trails Website Coordinator

**SAUK TRAILS OPTIMIST CLUB
BOARD OF DIRECTORS MEETING**

Tuesday, February 13, 2018

MINUTES**PRESENT:** Dan, Mary, Todd, Nancy, John**Others Present:****Absent:** Kathy, Rick C., Mike, Bob, Rick T., Steve

The meeting was called to order at 5:05 p.m.

1. **Addition to Agenda:** None
2. **Approval of Board Minutes from 1/9/2018.** John moved to approve the minutes, Nancy seconded, Passed unanimously.
3. **Acceptance of December Financial Reports:**
No financial report was submitted.
4. **Membership Report Update:**
No membership report was submitted
5. **Old Business**
 - a. Essay contest – Winners will be honored at the meeting on 3/6/18
 - b. Oratorical contest – Scheduled for 3/28/18
 - c. Membership patches for two members were discussed. Todd moved that \$200 be appropriated out of the Foundation(or other appropriate account) to pay for them. Mary seconded. Passed unanimously.
6. **New Business**
 - a. Past President's meeting – May 2nd is the tentative date
 - b. Respect for Law – May 9th is the tentative date
 - c. Fund raising – Options were discussed but no consensus on which to do.
 - d. Carol submitted an updated application. Mary moved to approve the new application. Todd seconded. Passed unanimously.
7. **Adjourn to March 13th at 5:00pm, at Park Bank on Deming Way,** Mary moved to adjourn, John seconded, passed unanimously.

Respectfully submitted,
Dan Chart, President

February Luncheon Activities

February 14: Editorial Director for Channel 3 and Madison Magazines, Neil Heinen provided a thought provoking luncheon presentation, sharing his thoughts on the future changes that may take place in Madison.



February 21: STO members had a great lunch meeting listening to Glenn Mitroff, volunteer coordinator for WORT-FM; and program on air guitarist Chris Powers



A GOLD MEDAL NIGHT!

Once again, the annual Progressive Dinner was a wonderful evening! The theme was the Olympics, and it proved to be a gold medal evening! Thanks to Bob and Karen, and Jacci and Ted for hosting and for creating activities for all to enjoy while eating dishes from other countries.



John and Mary Schwartz got in touch with their German side for the evening!

Curling anyone? Bob and Karen swept up the awards, the kitchen floor!

GOLD MEDALISTS!



The Optimist Creed

Promise yourself...

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all you friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best and expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

