



# Pathways

Sauk Trails Optimist Club  
Madison, Wisconsin



**Weekly Lunch Meetings**  
**Wednesday's 11:45 - 12:45**  
**The Radisson on Grand Canyon Drive**



**February 2020**

## PRESIDENTS NOTE

Let's imagine.

A room of full of children.

The children are singing, playing, laughing and learning. Each child has been given a t-shirt and a book and materials for projects through the day and each child will be given the opportunity to express themselves to one another and to caring adult volunteers.

These children have a special bond.

All of them have a brother or sister with a serious disability.

They have come to participate in Super Optimistic Sibs Day, a program to give recognition and support to well children who find themselves loving and helping other children in their respective families and homes.

Through the leadership of its originator and prospective Sauk Trails Optimist Jane L. Meyer, Super Optimistic Sibs Day has evolved over twenty consecutive years to gain the support and sponsorship of the Capital Times Kids Fund, Edgewood College, The Arc, Dane County and Madison Area Ukulele Initiative (MAUI). This year for the first time, the day long program will take place through the auspices and sponsorship of Sauk Trails Optimist Club and our Foundation after unanimous approval by our respective boards on December 10, 2019. The esteemed Optimist International emblem is also affixed with permission.

Super Optimistic Sibs Day is scheduled Saturday, April 18, at Queen of Peace Catholic Church in Madison with registration and contact details to be announced. Thirty-five children are expected to attend, joined by parents and family for an adorable impromptu presentation at the end of the day plus pizza and refreshments.

Sauk Trails Optimist Club plans to enter our Super Optimistic Sibs Day in competition for the SWIS District 2020 Best New Children Service Project award. It may be our club will be asked to take a bow, but our reward will truly come on April 18 when we witness that room full of children and their thankful parents and we know once again we have earned the title:  
Friend of Youth.

John Fons

# STOC Bulletin Board

## Sauk Trails Club Officers 2019-2020

**President:** John Fons

**Vice President:** Rick Thomas

**Secretary:** Kathy Johnson

**Treasurer:** Bob Wortinger

**Past President:** John Fons

### Board of Directors

- Steve Bailey
- Rick Conne
- Nancy Hach
- Kathie Newman
- Ted See
- Liv Sandberg



**SWIS Conference**  
**February 22, 2020.**  
**Broadhead, WI**

Conference details & information:  
[www.swisdistrict.org](http://www.swisdistrict.org)

## February Birthdays

- Mike Grasmick 4
- Paul Johnson 6
- Bonnie Spindler 11



Newsletter Editor:  
 Liv Sandberg  
 jlivsandberg@gmail.com

Date	Speaker	Topic
2/5	Jeff Noltner	Helping one – helping many!
		Park Bank
2/11	STOC Board Meeting 5:00 pm	2275 Deming Way, Middleton All members are welcome to attend
2/12	Lloyd and Cleo Tindall Verona Optimist Club	Missionary work in Guatemala
2/19	<b>NO LUNCH MEETING</b>	<b>COME TO HAPPY HOUR!</b>
2/26	Lauren Salzman	Volunteer Services at the Henry Vilas Zoo
3/04	Noreen Kralapp & Gayle Laszewski	Health & Wellness for Caregivers
3/08	<b>Progressive Dinner</b>	<b>Enjoy friends and food!</b>
		Park Bank
3/10	STOC Board Meeting 5:00 pm	2275 Deming Way, Middleton All members are welcome to attend
3/11	Dee Hall	Center for Investigative Journalism
3/18	Students	Oratorical Contest
3/25	Students	Essay Contest Winners

Please let us know if you have someone who would like to speak at a lunch meeting.  
 Speaker Committee: Mary Schwartz, & Steve Bailey

**STOC Save the Date: future events**

Date	Event
March 8th	Progressive Dinner
April 28	Culvers fund raiser
May 2	Special Olympics regional track meet
August 1	Mustard Days

**NOW (New Optimists Wanted) Social event!**

- What:** 1) social hour or two with fellow STO members  
2) an opportunity to introduce and attract new Optimists

Please consider bringing a friend to the event so they have an opportunity to find out more about our club and the work we do.

**When:** Wednesday February 19<sup>th</sup>!

**Time:** 5:30-7:30 pm

**Where:** Twist Lounge Radisson on Grand Canyon Rd

An attendance sign up sheet will be passed around at the lunch meetings. Or contact Liv Sandberg by **5pm February 12<sup>th</sup>** at [sandberg@ansci.wisc.edu](mailto:sandberg@ansci.wisc.edu) or 608-335-6223 if you plan to attend. I will need a head count for food purposes. Attendees will be charged a set price for food. Beverages are on your own.

**PROGRESSIVE DINNER**

**What:** lots of fun, food, and friends!

**When:** March 8<sup>th</sup> 3:30pm- 7pm

*Every year the progressive dinner proves to be a wonderful event, sharing yummy food, cocktails, and friendship.*

*The Perfect time to get together as we move from winter to spring. Please mark the date and time, and watch for further details regarding exact locations/addresses, the theme for this year, a food sign up sheet, etc.*

**Where:** 3:30-5:15 Appetizers @ Fons residence  
5:30-7pm meal/dessert @ Wortinger residence

*If you have any questions, feel free to contact:*

**Liv Sandberg:** [sandberg@ansci.wisc.edu](mailto:sandberg@ansci.wisc.edu) or **Mary Schwartz:** [schwrtzmry@aol.com](mailto:schwrtzmry@aol.com)

**SAUK TRAILS – Madison Club WEBSITE**

[www.sauktrailsmadisonoptimist.org](http://www.sauktrailsmadisonoptimist.org)

Current and previous STOC Newsletters are available as PDF's on the [www.sauktrailsmadisonoptimist.org](http://www.sauktrailsmadisonoptimist.org) website.  
To acquire the newsletter, CLICK on the 'PDF Download' of CHOICE.

**Call for website sponsors.**

**If you are interested in also being a sponsor of the STOC Website for the 2018-2019 year, and have your business/name in the rotation on our website, please contact Bonnie Spindler. Thanks to the Park Bank of Madison for their continued sponsorship.**

The Sauk Trails – Madison Website is constantly being updated with many pictures in addition to those in the newsletter. To become more familiar with the website and the pictures currently available, see below:

**Sauk Trails – Madison Website Pictures**

**In the EVENTS area, click on this link:**     [CLUB Program Pictures](#)     (View 'Photo Galleries')  
**In the EVENTS area, click on this link:**     [CLUB Accomplish Pictures](#)     ('Read More', scroll description)  
**In the ABOUT area, click on this link:**     [CLUB Photo Gallery](#)

If you have any problems acquiring the Newsletter or are NOT receiving the monthly message, please contact me so we can correct that situation. Optimistically, **Bonnie Spindler** [blspindler@charter.net](mailto:blspindler@charter.net) 850-9561 (H)  
Sauk Trails Website Coordinator

**News Letter Funding Support Request**

Dear Sauk Trails Optimist Members,

We're closing out the year and, I suppose, there are calendars and notes on everyone's desk or table. I have one here indicating the amount Sauk Trails spends to keep our excellent web site up and running and make connections with both the District and International sites.

If you would like to make a contribution toward our web site expenditure in the coming year I encourage you to do so. Sauk Trails will continue to budget and fully fund our annual web site presence. Any individual support by our membership will make it all the easier to do so.

You may contact either myself (John Fons) or Bob Wortinger in reply.

**SAUK TRAILS OPTIMIST CLUB  
BOARD OF DIRECTORS MEETING**

Tuesday, January 14, 2020  
MINUTES

**PRESENT:** John, Rick T, Kathie N., Liv, Kathy J., Steve

**Others Present:**

**Absent:** Bob, Rick C, Ted, Nancy H.,

The meeting was called to order at 5:03 p.m.

1. **Addition to Agenda:**
2. **Approval of Board Minutes from 12/10/2019:** Kathie N moved to approve the minutes, Liv seconded, Passed unanimously.
3. **Acceptance of Financial Reports:**  
members are paid in full. Liv moved that we accept the financials as presented, Kathie N. seconded, Passed unanimously.
4. **Audit Recommendations: Expense Reimbursement Forms; Tax Exempt Status-Implementation:** Expense reimbursement form approved. Moved by Liv and seconded by Rick T. Passed unanimously. Tax exempt purchase protocol tabled.
5. **Special Presentation:** John presented Kathie N with a patch with Jeff Newman's name. The patch will be put on the banner.
6. **Happy Hour/Social-NOW meeting; to be scheduled if so approved:** scheduled for 2/19. John will check with holding it at the TWIST.  
  
**Progressive Dinner** will be held Sunday, March 8 or 22<sup>nd</sup>. Liv will ask Wortingers to host and John is checking on hosting himself.
7. **New Member Recruitment-Visitors:** John reminded us that the membership of the club cannot remain static or the club could "age-out".
8. **Programs:** There is only one speaker scheduled for 2020. John will explore ideas like touring Epic. He has asked the Badger Club to present to us about the activities they do.
9. **T-Shirt Approval and Order:** John received an invoice with a \$500 request from Madison Top from Jaci See to begin making the shirts. John will check with Bob about his understanding and agreement with the order and payment. If so, John will mail the check. Rick T motioned to pay for the shirts with the agreement that John seek further clarification. Seconded by Steve. Unanimously passed.
10. **Adjourn to February 11, 2020 at 5:00pm, at Park Bank in Middleton.** Liv moved to adjourn, seconded, passed unanimously at 6:00 p.m.

Respectfully submitted,

***Kathy Johnson, Secretary***

AB Orlick from the Lussier Community Education Center provided an update on the Lussier center, its purpose, and thanked the club for the Grant they received from the STOC foundation.  
Photos by Steve Bailey



## Is it coffee yet?

For some of us, making coffee is a dump and hope process. Not for STOC member Rick Thomas. He is serious about his coffee! And showed everyone how easy it is to make a fabulous cup of coffee. Lunch goes had a fun meeting, learning how to make a fabulous cup of coffee from an expert. Showing everyone the tools of the trade, and giving step by step directions, success! Photos by Carole Klopp



February at its Finest!





## The Optimist Creed

### *Promise yourself...*

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all you friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best and expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

