



Pathways

Sauk Trails Optimist Club
Madison, Wisconsin



Weekly Lunch Meetings
Wednesday's 11:45 - 12:45
The Radisson on Grand Canyon Drive



November 2018

PRESIDENTS NOTE

Dear STOC Friends:

Promise Yourself –

“To be so strong that nothing can disturb your peace of mind.”

What does this business mean about peace of mind? Does it mean not thinking disturbing thoughts or avoiding disturbing news? Does it mean living in denial or refusing to consider anything we don't like or happens to strike our fancy?

Does peace of mind refuse to answer questions if the questions are deemed too difficult or impertinent? Does peace of mind resemble a fortress against which nothing can prevail, not even information or opportunity?

Peace of mind, as a good book reminds us, passes all understanding. It does not rely on understanding to attain or remain at peace. It comes with an element of faith and is perhaps composed mostly of faith as we remain at peace within ourselves and forebear to give a piece of our mind to others.

What comes from peace of mind is strength, although it takes strength to keep peace within ourselves. There has never been a better time to be so strong and to be Optimistic peacekeepers.



John Fons

STOC Bulletin Board

Sauk Trails Club Officers 2018-19

President: John Fons

Vice President: Liv Sandberg

Secretary: Rick Thomas

Treasurer: Bob Wortinger

Past President: Dan Chart

Board of Directors

Steve Bailey
Rick Conne
Mary Schwartz
Nancy Hach
Kathy Johnson
Todd Geltemeyer

November Birthday

Karen Wortinger 25



Second Quarter SWIS Conference
Feb 15-16, 2019
QBE Sun Prairie WI

Registration information:
www.swidistrict.org

Newsletter Editor:
Liv Sandberg
jlivsandberg@gmail.com

STOC Calendar

11/7	Curt Fuzard	REACH-A-Child
11/13	STOC Board Meeting 5:00 pm	<i>Park Bank, 8001 Excelsior Dr., Madison, All members are welcome to attend</i>
11/14	Carissa Peterson	Wisconsin Easter Seals Camp AND...Student of the Month
11/21	NO MEETING	HAPPY THANKSGIVING
11/28	A.B. Orlik	Lussier Continuing Education Center
12/5	Traci Goll	Horizon High School
12/7	Lussier Christmas Party	@LCEC
12/11	STOC Board Meeting 5:00 pm	<i>Park Bank, 8001 Excelsior Dr., Madison, All members are welcome to attend</i>
12/12	OPEN	
12/19	Annual Christmas	Ornament Exchange
12/26	NO MEETING	MERRY CHRISTMAS

*Please let us know if you have someone who would like to speak at a lunch meeting.
Speaker Committee: Mary Schwartz, & Steve Bailey*

Mary Schwartz tele. 608-576-5711 or e-mail. schwrtzmry@aol.com

Nuts! Nuts! & New Nuts!
It's Nut fundraising time!

Members can give the order sheet to **Rick Thomas** by November 28th or go online at: <https://sauktrailsoptimists.terrylynncare.com>

If they order online, they can have the items shipped directly to the customer's home.

Lussier Christmas Party
December 7th, 2018
5-8pm

Once again, Rick and Frank are working hard to organize a wonderful Christmas party for the kids at the Lussier Center. They are expecting 150 youngsters and will be looking for at least 12 volunteers. Rick Conne will pass around a sheet in the near future at the lunch meetings. If you cannot attend meetings, please contact Rick personally.

SAUK TRAILS – Madison Club WEBSITE

www.sauktrailsmadisonoptimist.org

Current and previous STOC Newsletters are available as PDF's on the www.sauktrailsmadisonoptimist.org website.

To acquire the newsletter, CLICK on the 'PDF Download' of CHOICE.

Call for website sponsors.

If you are interested in being a sponsor of the STOC Website for the 2017-18 year, and have your business/name in the rotation on our website, please contact Bonnie Spindler. See contact info below.

If you have any problems acquiring the Newsletter or are NOT receiving the monthly message, please contact me so we can correct that situation. Optimistically, **Bonnie Spindler** bspindler@charter.net 850-9561 (H)

Sauk Trails Website Coordinator

Volunteering at REACH-a-Child:

There are volunteer days on the last Thursday of each month. Volunteer slots are from 4:00 – 6:00 or 6:00 – 8:00, or you can stay the whole time if you prefer. They are located at 6501 Watts Road, Suite 217, Madison. You can call their office at 608-285-5221 for more information.



**SAUK TRAILS OPTIMIST CLUB
BOARD OF DIRECTORS MEETING**

Thursday, October 11, 2018

MINUTES

PRESENT: John, Dan, Mary, Rick T., Steve, Rick C., Nancy, Bob

Others Present:

Absent: Kathy, Todd

The meeting was called to order at 5:04 p.m.

1. **Addition to Agenda:** Reviewing policies
2. **Approval of Board Minutes from 9/17/2018.** Dan moved to approve the minutes, Rick C. seconded, Passed unanimously.
3. **Acceptance of September Financial Reports:**
Bob presented the financials from September. Rick C. moved to accept the financials, Mary seconded, Passed unanimously.
There was a discussion of the policy regarding senior dues rate, prebilling and other issues.
Rick, Mary and Bob will meet to discuss club policies and bylaws and report back to the board.
We will ask 2 members to serve on an audit committee that will report back to the board.
4. **Membership Report Update:**
We are at 37 members with several prospective members. There was a discussion regarding the brochure.
5. **Old Business**
 - a. Installation banquet – The board discussed the pros and cons of the location for this year's venue.
 - b. SWIS Conference – Green Lake
 - c. Upcoming calendar of events – Rick will kick off the nut fundraisers on 10/17/18
 - d. Fundraising – Mary moved that we add Terri Lynn to our fundraising, Bob seconded, Passed unanimously.
6. **New Business**
 - a. Radison catering – John will discuss the menu with the catering manager
 - b. Web site – There was a discussion of the cost of the website
 - c. 2019 Budget was presented by Bob – Bob moved that we accept the budget as presented, Rick C. seconded, Passed unanimously.
7. Optimist Foundation – Grants Awarded
 - a. There was additional review that will be applied to next year's grants
8. **Adjourn to November 13th at 5:00pm, at Park Bank on Old Sauk Rd.** Bob moved to adjourn, Mary seconded, passed unanimously.

Respectfully submitted,
Rick Thomas, President



Optimist International is celebrating 100 years of bringing out the best in our youth, yourself and your community!

Here in the SWIS District, we are also going to be concentrating on this wonderful achievement with the slogan "Make Awesomeness Happen".

October 1st was the first day of the 100th year. I am reaching out to ask each and every club in the SWIS District and each and every Optimist in the SWIS District to stretch a little to be even more awesome than you were last year! If every club would do an extra service project and if every member would help with an extra service project, think of the impact it would have!! We will celebrate, we will remember, we will do new Districtwide Service Projects at each quarterly conference and we will create an awesome future for the next 100 years!

Will you please do a Service Project of some type on the 100th Day of the 100th Year? That will be Tuesday, January 8th. This Service Project could be as big or as small as you wish. It may be honoring a community hero, reading to children at a local daycare, providing healthy snacks to a school's backpack program and those are just a few ideas. All I ask is that you please notify your Lt. Governor and me of what your Service Project will be and then get us pictures on either January 8th or 9th. (Our Lt Governor is Scott Getz at smgetz@tds.net).

In addition to serving our youth and our communities, we are going to use this event to draw attention to the power of Optimism by providing press releases prior to, during and after the events. This will have an awesome impact and if every club is involved, it will likely be significant enough to garner attention from even the biggest media outlets in the SWIS District!

Maureen Crombie, SWIS Governor 2018-2019
CROMBIE0112@GMAIL.COM



STO club lunch and activities

- 1) CC Sheldon from MATC gave a wonderful presentation on her experiences teaching students in non-traditional methods during external learning trips. So many students have been fortunate to be given such a great opportunity to grow.
- 2) John Fons first board meeting as the newly installed President.
- 3) Mystery quest speaker: President John, relating events of his life, his reasons for his optimism, and encouraging members.



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Installation and Awards banquet photos

Once again, the banquet committee outdid themselves and organized a fabulous evening for the STOC members. A grand time was had by all in the wonderful new Vintage in Sauk City.

- 1) Swearing in of new members.
- 2) Mary Schwartz receiving the 'Volunteer of the Year' award from past president Dan Chart at the Installation and Awards banquet. Thanks again for all your behind the scenes work Mary! It couldn't have be awarded to a more deserving recipient!
- 3) Outgoing president Dan Chart looks a little to happy as he is receiving his plaque for his year of service; well done Dan and Thanks!





The Optimist Creed

Promise yourself...

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all your friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best and expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

