



Pathways

Sauk Trails Optimist Club
Madison, Wisconsin



Weekly Lunch Meetings
Wednesday's 11:45 - 12:45
The Radisson on Grand Canyon Drive



July 2019

PRESIDENTS NOTE

Dear STOC Friends

Promise Yourself –

“To give so much time to the improvement of yourself that you have no time to criticize others.”

There’s an old saying, ‘Jack of all trades, master of none.’”

It’s a bit condescending. Of course, it refers to people who know a little about a lot of things, but never refine their ability or knowledge to know something exhaustively well, to become expert, to become master of one.

It may be possible to become expert in more than one field, but there is one endeavor in which proficiency is best kept diverse, where variety is most highly to be prized. That is in the realm of human relations. There our ability to relate to as many people as possible means we’ve become master of none and we seek to master no one. We seek to appreciate others and their trades and master only ourselves.

John Fons



STOC Bulletin Board

Sauk Trails Club Officers 2018-19

President: John Fons

Vice President: Liv Sandberg

Secretary: Rick Thomas

Treasurer: Bob Wortinger

Past President: Dan Chart

Board of Directors

- Steve Bailey
- Rick Conne
- Mary Schwartz
- Nancy Hach
- Kathy Johnson
- Todd Geltemeyer

July Birthdays

Julie Thomas	5
John Scherer	6
John Fons	12
Kathie Newman	22



SWIS 4th Quarter Conference

August 9-10, 2019

**Radisson Hotel West,
Milwaukee, WI**

Conference details & information:

www.swisdistrict.org

Newsletter Editor:
Liv Sandberg
jlivsandberg@gmail.com



Date	Speaker	Topic
07/03	No lunch meeting	
07/09	5:00 p.m. STOC Board & Foundation Board Meeting	Park Bank, 2275 Deming Way, Middleton All members are welcome to attend
07/10	Tom Gross	The Ice Age Trail
07/17	Barry Levinson	National Mustard Day
07/24	John Fons	The Spirit of Optimism: A Report from the OI National Convention
07/31	Open	
08/03	VOLUNTEER	National Mustard Day

*Please let us know if you have someone who would like to speak at a lunch meeting.
Speaker Committee: Mary Schwartz & Steve Bailey*



National Mustard Days

Upcoming Volunteer Opportunity

Saturday, August 3, 2019 in Downtown Middleton

National Mustard Day has turned into one of our most popular and enjoyable fundraisers. STOC has provided over 20 volunteers annually in recent years in exchange for a donation to our Foundation. To date, we have 15 Optimists signed up, which is a great start; we really need 5-10 more volunteers.

Barry and Patti Levenson, long-time friends to STOC, continue to be heavily involved in leading the event through their involvement with the National Mustard Museum Foundation.

Shifts are 9:30-1:30 or 1:00-4:30pm. Please contact Bob Wortinger if you can join us.

This year's theme is Carpe Dijon – "Squeeze the Day" for you Julius Caesar' fans. It is always a great event with lots of people – young and old – having lots of fun. It is an excellent opportunity to work together with other Sauk Trails members for a great cause. There will be bands, cheap hot dogs, free T-shirts, the Duchess of Mustard, and many other surprises!

Please put this on your summer calendar.

GOLFERS OR HACKERS WANTED! FOR THE STOC ANNUAL GOLF OUTING

Even if a drive of 250 yards (or feet ☺) or a 30 foot putt seems a bit optimistic, dust off those clubs and join us for the annual STOC golf outing! Plans are being organized for this fun annual event. Watch for a date and time.

SAUK TRAILS – Madison Club WEBSITE

www.sauktrailsmadisonoptimist.org

Current and previous STOC Newsletters are available as PDF's on the www.sauktrailsmadisonoptimist.org website.

To acquire the newsletter, **CLICK** on the 'PDF Download' of CHOICE.

Call for website sponsors.

If you are interested in also being a sponsor of the STOC Website for the 2018-2019 year, and have your business/name in the rotation on our website, please contact Bonnie Spindler. Thanks to the Park Bank of Madison for their continued sponsorship.

The Sauk Trails – Madison Website is constantly being updated with many pictures in addition to those in the newsletter. To become more familiar with the website and the pictures currently available, see below:

Sauk Trails – Madison Website Pictures

In the EVENTS area, click on this link: [CLUB Program Pictures](#) (View 'Photo Galleries')

In the EVENTS area, click on this link: [CLUB Accomplish Pictures](#) ('Read More', scroll description)

In the ABOUT area, click on this link: [CLUB Photo Gallery](#)

If you have any problems acquiring the Newsletter or are NOT receiving the monthly message, please contact me so we can correct that situation. Optimistically, **Bonnie Spindler** blspindler@charter.net 850-9561 (H)

Sauk Trails Website Coordinator

**SAUK TRAILS OPTIMIST CLUB
BOARD OF DIRECTORS MEETING**

Tuesday, June 11, 2019

MINUTES**PRESENT:** John, Mary, Rick T, Steve, Kathy, Todd, Liv, Bob**Others Present:****Absent:** Dan, Nancy

The meeting was called to order at 5:04 p.m.

1. **Addition to Agenda:**
Date for annual banquet? (9/25 or 10/2)
2. **Approval of Board Minutes from 5/14/2019.** Kathy moved to approve the minutes, Mary seconded, Rick stated that we need to add Liv as present, Kathy as "appointed secretary and Bob appointed Treasurer." Passed unanimously.
3. **Acceptance of May Financial Reports:**
Liv moved to accept the financial reports as presented by Bob, Rick C. seconded. Passed unanimously.
4. **Brat Fest and Marathon Summation**
Brat Fest \$330 and Marathon \$160.
5. **Election of Officers June 19**
John Fons nominated for President
Rick Thomas nominated for Vice-President
Ted See nominated for the board
Nancy Hach nominated for the board
Kathy Newman nominated for the board
Liv appointed as Secretary
Bob appointed as Treasurer.
6. **JOI Banquet**
It was suggested that we don't have a meeting on the day of the JOI banquet and volunteers are free. It was decided to table it until next year. There was also discussion about meeting biweekly in the summer. It was decided to keep meeting weekly.
7. **Meals on Wheels**
We have volunteers for now and may have some new ones in the near future
8. **Golf Outing**
Bob discussed the possibility of a golf outing on Sept. 22nd (date not definite)
9. **Shirts**
We will pursue ordering shirts
10. **Mustard Days August 3rd**
Sign up at meetings or via email
11. **Adjourn to July 9th at 5:00pm, at Park Bank in Middleton** Bob. moved to adjourn, Liv seconded, passed unanimously.

Respectfully submitted,
Rick Thomas, Secretary

STO club lunch and activities in pictures

1) June 5th

2) June 19th Members of BACA, Bikers Against Child Abuse, spoke to Sauk Trails Optimists on June 19 about their mission to dispel fear from the hearts and minds of children who have suffered abuse. Bikers 'Eddie' (3a) and 'Poet' (3b) and their motorcycle colleagues will respond night or day to stand vigil at a location where an abused child has been identified and will accompany that child to court if necessary in support against perpetrators. Well organized and working in cooperation with law enforcement and social agencies, the BACA 'family' stands with children who otherwise remain isolated and helpless as victims of abuse. Eddie and Poet Man

Many Thanks to Steve Bailey, Carol Klopp, Mary Schwartz, and Liv Sandberg for contributing photos.

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2a



2b



The Optimist Creed

Promise yourself...

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all you friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best and expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

