



# Pathways

Sauk Trails Optimist Club  
Madison, Wisconsin



Weekly Lunch Meetings  
Wednesday's 11:45 - 12:45  
The Radisson on Grand Canyon Drive



August 2014

## Sauk Trails Optimists:

Well we're over half way through the 2014 year as we move into August. *(The Optimist year is at the 11<sup>th</sup> month of the year, October 1- September 30<sup>th</sup>).* It's appropriate that there should be 2 lost tenets to the optimist creed for the 12 months in a year. *(The original creed has 10 lines, but we found the last 2 lines).*

**The 11<sup>th</sup> 'lost' tenet of the creed is: Promise Yourself: To think well of yourself and to proclaim this fact to the world, not in loud words but in great deeds.**

A quote from the 'Power of Creed' book by Christen Larson, who wrote the Optimist Creed: "When a person has given their best, their world will open up and produce fruit. Constructive forces attract constructive forces; positive forces attract positive forces". "

There were some interesting speakers in July including a police chief sharing about capitol protests, a health alternative specialist sharing about acupuncture, and a very moving and informative presentation about the 'Badger Honor Flight'. Thanks to all who helped coordinate all of these speakers, its appreciated.

New member Governor Elect, Jeff Kuchenbecker and Bonnie Spindler attended the International Convention in Las Vegas and shared some of activities, workshops, voting results, and other interesting things from that convention. *(The next annual convention will be in New Orleans, July 9 - 11, 2015).*

There is a 'Mallards Game' scheduled for Wednesday evening, August 6<sup>th</sup>. (Liv Sandberg will meet all of those signed up at 'will call' at 6:30 PM to acquire their tickets). The SWIS 4<sup>th</sup> Quarter Convention at Brookfield will give those who attend a greater perspective of optimism and the impact it has on us and the youth that we serve in our communities. We'll also be having a speaker sharing about one of our 'fundraisers', the Bucky Book and the latest 'technological' trends available. We're all looking forward to our annual Social get-together at the See's home. *(Date: Thursday, August 21<sup>st</sup>).* We'll round out the month hearing about the Reach-A-Child program and how we can help with impacting more kids along the way. *(Thanks to ALL the coordinators, see the lunch get-togethers schedule with their names in this newsletter).*

The Sauk Trails Optimist Club annual banquet for all optimists and significant others to attend has been rescheduled to **Wednesday, September 17, 2014**. Your new and continuing board team will be installed by Past Governor, Joanne Ganske and there will be a lot of sharing of the 2013-14 year and the plans for the 2014-15 year by President Elect, Dan Bergs. Come, share and support your club in this final event of the 2013-14 year. (There will be sign-ups at lunches and by e-mail).

As the SWIS co-Membership Chair, **'Thank-You'** for being 'an Optimist'. **That's what we're all about, serving the kids and enhancing our personal lives as we do it.**

Optimistically,  
**Bonnie Spindler**

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## STOC Bulletin Board

### Sauk Trails Club Officers 2013-2014

**President:** Bonnie Spindler

**Vice President:** Dan Bergs

**Secretary:** Carole Klopp

**Treasurer:** Bob Wortinger

**Past President:** Mary Schwartz

#### Board of Directors

Rick Conne  
Mike Grasmick  
Pete Graven  
Nancy Hach  
Diane Hoebel  
Liv Sandberg



### Save the Date!!

### *Annual MASCC Luncheon*

Wednesday, October 15<sup>th</sup>  
Alliant Energy Center

Watch for Details

### August Birthdays

Deb Corning	2
Bob Wortinger	4
BJ Bailey	7
Steve Bailey	28



Newsletter Editor:  
Mary Schwartz  
schwartzmry@aol.com

### Join us for FUN!!

Pool Party at Ted and Jacci See's home  
Thursday, August 21<sup>st</sup>, 5:30 p.m.



Main dish will be provided. Please bring an appetizer, side dish, or dessert.

Sign up at a meeting or  
RSVP to Jacci at [seej@firstweber.com](mailto:seej@firstweber.com).

*Don't forget your swimming suit!*

### Last Call For Football Frenzy Tickets!

Only \$20 each!  
Pick them up at a meeting  
or contact Gene Spindler at  
833-7244.



### Kickin' It For Kids with REACH-a-Child Saturday, Sept. 20

Form a team and sign up to help put books in the hands of a child!

For more information, go to [www.reachachild.org](http://www.reachachild.org) and click on upcoming events.

To see how much fun this is, check out this video (featuring our own Carole Klopp):

<https://www.youtube.com/watch?v=0mRqCXOcnHk> (scroll down & hit the "promo video" link)



**Sauk Trails Optimists Club Meetings and Other Scheduled Events**

Date	Optimist Assigned	Speaker <i>(Lunch, 11:45 AM at Radisson unless indicated)</i>	Topic
8-6-14	John Scherer	Mr. Austin	Bucky Books for business & 'apps' for Fall Fundraiser
8-13-14		Social Sharing	
8-20-14		LUNCH CANCELLED, Social at Ted and Jacci See's	Social at See's (UPDATE to Thursday, August 21 <sup>st</sup> )
8-27-14	Carole Klopp	Carole Klopp and Eric Salzwedel	Reach-A-Child Update
9-3-14	John Scherer	Rich Dixon	WI Hope Tour
9-10-14	Rick Conne	Nina Gehen, Development Director Lussier Community Education Center	What's new at the Lussier Community Education Center
9-17-14	Bonnie Spindler & Dan Bergs	UPDATE: Sauk Trails Optimist Club Annual Banquet: speakers/awards/installations	Sharing about the 2013-14 year and plans for the 2014-15 year, at the Radisson.

Shaded = Wednesday Lunch Meeting

**August 2014 Reflection:**

***Promise Yourself:*** *To think well of yourself and to proclaim this fact to the world, not in loud words but in great deeds.*

This is one of the two 'lost tenets' the 11<sup>th</sup> one of the creed. Each of us can think about the 'deeds' that we can share with the world and feel good about ourselves in the process. If you have a specific 'deed' that you've done recently and how it made you feel about yourself afterwards, and would like to share it at one of our 'Happy Dollar' programs during August your 'story' would be inspirational for others.

**SAVE THE DATE**

**STOC Golf Outing**  
**Saturday, September 13<sup>th</sup>**

Details are pending, but it will be a 9-hole scramble format in the afternoon.



View from Pleasantview Golf Course, taken by Steve Bailey.



**SAUK TRAILS OPTIMIST CLUB - BOARD OF DIRECTORS MEETING**  
**Tuesday, July 29<sup>th</sup>, 7:30 AM**  
**MINUTES**

**PRESENT:** Bonnie, Bob, Carole, Dan, Diane, Liv, Mary, Mike, Nancy, Rick, Todd    **Absent:** Mike, Pete

**1. Approval of Board Minutes from 06/17/2014:**

Mary moves to approve, Diane seconds, passes unanimously.

**2. Acceptance of June Financial Reports:**

Bob moves to write off Tracy's \$120 with \$40 coming out of the income statement and the remainder from 2013, Carole seconds, passes unanimously. Carole moves to approve the financial report, Liv seconds, passes unanimously.

**3. Membership Report Update:** Current Members Status: We are at 47 right now. New Member Acceptance: Denise Siemers – Rick moves to accept Denise as a new member, Dan seconds, passes unanimously. (Diane says aye with the rest of us.) Rick moves that we tell Christian that our out-of-pocket expense is \$75 and ask him to pay that amount, Diane seconds, passes unanimously.

**4. Old Business**

- a. Intl Convention Las Vegas Update – Bonnie reported it was a good conference. She reviewed the bylaws voting.
- b. MASCC Update, (Oct. 15<sup>th</sup>) Luncheon at the Alliant Center with Global warming is the topic. Bonnie, Greg, and Mike Gustafson represent us at the MASCC meetings.
- c. Other Old Business – Football Frenzy – only 12 left, but dollars are still outstanding from the tickets taken. Money needs to be in by August 15<sup>th</sup>.

**5. New Business**

- a. Mallards Game Social, Wed. August 6<sup>th</sup> Update. 11 people have signed up.
- b. SWIS 4<sup>th</sup> Qtr Convention in Brookfield, August 8-9<sup>th</sup> – Steve Bailey and Bonnie are going – possibly Denise as well.
- c. August 13<sup>th</sup> (need back-up)- Bonnie will be gone.
- d. Social Get-Together, See's on Thursday August 21<sup>st</sup> (UPDATE) (No Lunch Wed, Aug. 20)
- e. President 'Info' Transition Meeting, Thursday, August 21<sup>st</sup>
- f. August 27<sup>th</sup> Speaker – REACH-A-Child will be the topic.
- g. Nancy brought up Madison Festivals has volunteer openings – they provide dollars to a non-profit for volunteering at \$9 an hour. 4 hour shifts. Diane moves to have Nancy look into signing up for the Madison Festival volunteer opportunities, Bob seconds, passes unanimously.
- h. Bob brought up doing a golf scramble at the request of Steve Bailey and volunteered to organize this outing at Tumbledown Trails at 1pm on Saturday, Sept. 13<sup>th</sup> with lunch first. More details to come from Bob.
- i. Carole will send the link to Mary for the newsletter to the REACH Kickball tournament video.
- j. Steve Bailey is being billed for his children who are no longer involved. Rick will speak with Steve about this.

Diane moves to adjourn, Bob seconds. Meeting adjourns to Tuesday, August 19<sup>th</sup> at 7:30am at Wegners CPAs.



## Badger Honor Flight

STOC Club Members enjoyed hearing about the Badger Honor Flight from Andy Kreutzer who accompanied his mother to Washington, D.C., and from WWII veteran Ed Faber, Badger Honor Flight participant (accompanied by his son, John).

We learned that the travelers' 19 hour day was filled with patriotism and camaraderie while visiting Arlington National Cemetery, the Women's Memorial, the Marine's Memorial, the World War II, Korean War, and Vietnam War Memorials. They returned to Dane County Airport late in the evening and were greeted by thousands of appreciative citizens. It was moving experience for all.



Bonnie, Ed Faber, John Faber, & Andy Kreutzer.



Poster that greeted Andy's mom as they returned to the Dane County Airport.



**July In Pictures**

**Photos by Steve Bailey**



UW Police Chief, Susan Reichling, shared stories of managing the protests at the state capitol during the Act 10 protests. An entertaining look at what took place behind the scenes.



Carole thanks Chief Reichling for her talk.



Lisa Littel gave a very interesting talk about the role of therapeutic-grade essential oils in treating a wide range of various health issues. Lisa is a certified acupuncturist & Chinese Herbalist at Isthmus Acupuncture Center , LLC.



Bonnie and Jeff Kuchenbecker (SWIS Governor-Elect) shared information about the Optimist International Convention they attended in Las Vegas.

**2014 SWIS Conference Dates**

August 9 – 10 The Sheraton, Brookfield

**The Optimist Creed**

*Promise yourself...*

- To be so strong that nothing can disturb your peace of mind.**
- To talk health, happiness and prosperity to every person you meet.**
- To make all you friends feel that there is something in them.**
- To look at the sunny side of everything and make your optimism come true.**
- To think only of the best, to work only for the best and expect only the best.**
- To be just as enthusiastic about the success of others at you are about your own.**
- To forget the mistakes of the past and press on to the greater achievements of the future.**
- To wear a cheerful countenance at all times and give every living creature you meet a smile.**
- To give so much time to the improvement of yourself that you have no time to criticize others.**
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.**